



Brunch at "The Arms"

at South Park & Spring Garden

All Savoury and Sweet Brunch items include a complimentary caesar or mimosa

Savoury

- Tuna Tartare - traditionally prepared with dijon, shallots and capers, topped with avocado puree, horseradish aioli, crostini. \$14
- "The Arms", two eggs, any style, choice of meat, duck fatted triple cooked fingerlings. \$15
- Classic eggs benedict, poached eggs, peameal bacon, hollandaise. \$16
- Veggie benny, sautéed spinach & portobello, hollandaise. \$16
- Far East Omelette, green chilies, tomato, spinach, potato, coriander, spicy curry sauce. \$16
- Lobster BLT, Nova Scotia lobster, smoked bacon, English bibb, sun-dried tomato paste, housemade brioche & our duck fatted fingerlings. \$18
- Steak & eggs, two eggs any style, 6oz AAA striploin, arugula & grilled tomato. \$19
- Brunch Burger - House ground angus beef with a sunny side egg, swiss cheese. \$19
- Black Angus burger, house ground, red cabbage and gochujang aioli, with hand cut fries. \$15
- Beer battered haddock & chips. \$16
- The Arms Clubhouse - with sliced boiled egg, served with our hand cut fries. \$14
- Quadro stagioni pizza - baked with local artisan young asiago, EVOO, caramelized onions & forest mushrooms on our house made crust \$17
- "Tavern Style" twice fried nachos, with house blend melted cheese, our own pickled banana peppers, salsa and sour cream. \$15

Sweet

- Banana bread french toast, Sugarmoon Farms maple syrup & whipped cream. \$15
- Belgian style waffle with chantilly cream, fresh berries and maple syrup. \$13
- Raspberry ricotta pancakes, lemon butter & maple syrup. \$15

Breakfast Made Easy

- Granola parfait, mixed berries, plain yogurt. \$8
- Selection of cold cereals, mixed berries. \$5
- Mixed fruit plate, yogurt. \$9
- Smoothies, strawberry-banana or mixed berry protein. \$7
- Steel-cut oatmeal, brown sugar, raisins & cream. \$8

...And

- Yogurt, plain or flavoured. \$4
- Grilled tomatoes. \$3
- Toast or English muffin. \$3
- Triple cooked fingerling potatoes. \$4
- Bacon, peameal or housemade sausage. \$5
- One egg, any style. \$3

It's 5 O'Clock Somewhere

- "The Arms" 2 oz Caesar or Bloody Mary. \$7
- Executive Mimosa. \$6